**Discussion/reflection notes – 23rd April 2023**

**Welcome**

* What elements in life are essential to our general well-being?….
* How would you currently rate your physical/mental/emotional/spiritual well-being at this time – score out of 10? (*potentially sensitive question… only if people are willing to share*…)

**Worship**

* Read John 4:23-24…and take time to offer your worship to Father, Son and Holy Spirit, simply for who they are, the relationship that they model and that they offer us.

**Living well, for Him (7 laws of spiritual success, Selwyn Hughes)**

* Worship
* Thankfulness
* Perseverance
* Forgiveness
* Servanthood
* Repentance
* Continual growth

**Reflection and application questions (choose a few…)**

* How would you describe your walk with Jesus in three words?
* How do you understand Jesus’s declaration in John 10:10 that he has come that we might have “life in all its fulness”?
* **“The more I understand the Bible and relate to people, the more convinced I am that the great lines running through the universe which we call ‘laws’ do not stop at what scientists call the ‘natural sphere’ but are to be observed in the spiritual sphere also.” (Bob Stewart)…** What do you think about the idea thatGod has built into his created Kingdom not only physical/scientific laws but also spiritual laws which enable us to experience more of his power and presence, helping to ensure our well-being and our healthy functioning in relationship with him and with each other.
* How does the idea of “spiritual laws” help us understand Paul’s words in Romans 8:1-2? **“Therefore, there is now no condemnation for those who are in Christ Jesus, 2because through Christ Jesus the law of the Spirit who gives life has set youfree from the law of sin and death.”**
* How would you define “spiritual success”?
* What do you think of the definition: **“To be in God’s will is success”**?
* What is the relationship between godly character and spiritual success
* Which “spiritual laws” might you need to focus on in order to grow and to be “spiritually successful”?

**Prayer suggestions**

* Spend some time together praying into the things you have discussed.
* Pray for us as a church as we seek the Lord’s way for us in terms of senior leadership, re-appointing Jung, finances etc. Pray for unity between us, as we come with different perspectives.
* Please pray for the Fuller family, with Andy having started his chemotherapy treatment last Friday
* Pray for others that you know in the church fellowship who are in need of God’s special touch at this time.
* Pray for Jung in her role as chaperone and translator with the Open Doors tour, starting this Friday